



Lesson 1. Who is God? (Help kids understand the heart of God)

Equipment: Bibles, (Optional: 3 colour toothpaste, Plates, toothpicks/sticks)

Activity (FOR PARENT EYES ONLY!): Set your kids an impossible task that they can complete only by asking you for help (but let them figure this out by themselves). For example, tell them they must get to the top of the stairs without touching the stairs or the rail. Or they must get the sweet out of the box on the other side of the room without touching the floor. The solution is to admit they need help and ask you to carry them.

The point is that sometimes we need help from someone bigger than ourselves. Explain that parents also need help from someone bigger than themselves (WAAAAYYY bigger!!)

So who is this God who is waaayyy bigger than us? What is he like and how can we know him? (Ask them for their opinion. You may be surprised at the answers!)

A few Bible verses to read together and talk about:

(Use a real Bible book and practice looking up the verses together.)


- Genesis 1:31: He made us and it was *very* good
- Isaiah 55:8-9: He is waaayyy bigger and better than us
- Jeremiah 29:11: He has a plan for our lives
- Exodus 34: 6-7: He is gracious and compassionate. He hates sin because sin hurts the people he loves so very much. (Our God is not a tame 'do-whatever-you-want' God. Mercy and justice are two expressions of His perfect love for us.)
- Deuteronomy 32:3-4: He can be trusted. He is upright and just.
- John 4:7-10: He is love, and he sent Jesus to show us the fullness of His love for us.


1st Family Challenge: Try to think of one word for each letter of the alphabet to describe God: Almighty, Big, Caring, Delights in us...


PROMISES, PROMISES!


Genesis 12:1-9:13


The Challenge → Write the first letter of each item in the blank box below it. When you are done, you can read what Abraham learned about God.



3
[]



5
[]



7
[]



[]



[]



[]



[]



2
[]



[]



[]



[]



6
[]



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8
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The Super Challenge → On the blanks, write the letters from the numbered boxes to find a three-word message.

1	B	2	Y	3	4	5	6
7	1	8	5				

Bible Puzzle

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Feel free to message me if you need the answer (but it's pretty easy!)

my GOD

is so BIG

so STRONG

and so

MIGHTY

Watch 'My God is so big so strong and so mighty' (bit.ly/2xfPGOA)

Note how in God's Maths 1+1+1=1! If you have 3-colour toothpaste, squeeze a bit onto a plate. Give each child a toothpick and ask them to separate the three colours. It's not possible – just like it's not possible to separate God the Father, Son and Spirit.

More about the Son and the Spirit in the next two weeks :-)