

Birthdays

Tue 06 Karin Blyth
 Wed 07 Mare' Du Plessis
 David Buys
 Thu 08 Lindy Calmeyer
 Fri 09 Heather Pieterse
 Siphophile Mbatha
 Sat 10 Craig Fourie
 Andrew Dinwoodie
 Amahle Ngcobo (17)

*Happy
 birthday
 God
 bless you*

Anniversaries

None

*HAPPY
 Anniversary*

Weekly Programme

Tue: 19h00 Pilcher Group (Hybrid: Grootfontein/Online)
 Lynne -0832824496
 19h30 Digging Deeper Online Theo 0825510752
 19h30 Gouws Group Garsfontein Ben 0766109106

Wed: 19h00 Wed Fellowship Online Craig 0834580496
 20h00 Wed Fellowship Online Brenda 0845427251
 20h00 Midweek Madness Online Theo 0825510752

Thu: 9h00 Thursday Bible Study at Church Theo 0825510752

Fri: 9h00 Maranatha Ladies Online Natalie 0824618142

Contact Info...

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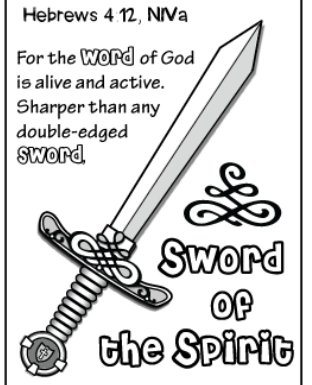


Welcome to our Service!

We pray you will feel at home with us and experience God's presence and love. Please join us for tea or coffee afterwards.
 If you are interested in membership or attending regularly, you can pick up an "Info Pack" in the foyer.
 We have a nursery for families with babies and the entrance is just next to the kitchen.

Sunday 04 August 2024 Communion Sunday

08:30-09h45:
 Are you Cross-Fit? Holy Habits
 1. Bible Reading – Mt.4:1-11



1. We are still collecting the bread-tags and high quality bottle-tops for recycling which are used to get wheelchairs for underprivileged people. Please bring these.
2. We will be having a Day of Giving this year on Sunday 20 Oct. It is a day we give over and above our regular giving out of gratitude for God. Please start making practical and spiritual preparation for this...

ARE YOU CROSS-FIT?

- 7 July Motivation
- 14 July Discipline
- 21 July Salvation Joy
- 28 July Wellness
- Aug Holy Habits
- 4th Scripture(1)
- 11th Prayer (2)
- 18th Fellowship (3)
- 25th Spirit-led (4)
- 1Sep Witness (5)

Bible Reading Methods

1. KEY STEPS:

1. Pray for Illumination, Understanding and Courage to Apply the lessons.
2. Use a translation that is comfortable.
3. Start with easier books (Leviticus, Deuteronomy etc are hard...)
4. Get background info to help you.
<https://bibleproject.com/explore/book-overviews/>
5. Be sensitive to the Literature Type (Gospel, Psalm, Proverb etc.)
6. Follow the flow of thought – read paragraphs
7. Summarise in own words
8. Cross reference
9. Make notes
10. Self-application
11. Pray that God helps you apply what you learned

2. KAIROS (SPECIAL MOMENT)

Duplicate this table and fill it in daily...

DATE:	READING:
SUMMARY:	
WHAT DO I LEARN ABOUT GOD? Father, Son, Spirit	WHAT ABOUT MYSELF? Does it convict, comfort, guide, or give an example?
WHAT MUST I DO?	A VERSE TO MEMORISE?
PRAYER:	

3. WHEN READING THE GOSPELS

1. Imagine the scene. The smells, sounds, etc.
2. Imagine the people. How do they look?
3. What's the mood?
4. What are the hidden agendas?
5. What effect does what Jesus says/does have on them?
6. Who do YOU identify with?

4. A COLOURING EXERCISE: MT.3:1-12

Statement	Instruction	Promise Hope	Warning Danger	Profound
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¹ In those days John the Baptist came, preaching in the wilderness of Judea ² and saying, "Repent, for the kingdom of heaven has come near." ³ This is He who was spoken of through the prophet Isaiah: "A voice of one calling in the wilderness, 'Prepare the way for the Lord, make straight paths for Him.'" ⁴ John's clothes were made of camel's hair, and he had a leather belt around his waist. His food was locusts and wild honey. ⁵ People went out to him from Jerusalem and all Judea and the whole region of the Jordan. ⁶ Confessing their sins, they were baptized by him in the Jordan River.

⁷ But when he saw many of the Pharisees and Sadducees coming to where he was baptizing, he said to them: "You brood of vipers! Who warned you to flee from the coming wrath?" ⁸ Produce fruit in keeping with repentance. ⁹ And do not think you can say to yourselves, 'We have Abraham as our father.' I tell you that out of these stones God can raise up children for Abraham. ¹⁰ The axe is already at the root of the trees, and every tree that does not produce good fruit will be cut down and thrown into the fire.

¹¹ "I baptize you with water for repentance. But after me comes One who is more powerful than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire. ¹² His winnowing fork is in His hand, and He will clear His threshing floor, gathering His wheat into the barn and burning up the chaff with unquenchable fire."