



## Welcome to our Service!

We pray you will feel at home with us and experience God's presence and love. Please join us for tea or coffee afterwards. If you are interested in membership or attending regularly, you can pick up an "Info Pack" in the foyer. We have a nursery for families with babies and the entrance is just next to the kitchen.

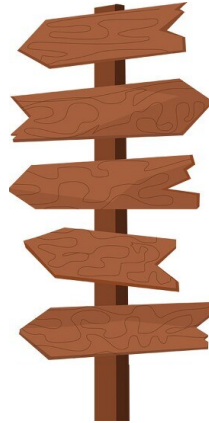
### Sunday 25 August 2024

08:30-09h45:

Are you Cross-Fit? Holy Habits

Spirit-led: Isaiah 30:19-21 Acts 10:1-33

1. **Save the date:** Men's Breakfast 14 Sep 8h00
2. We are still collecting the bread-tags and high quality bottle-tops for recycling which are used to get wheelchairs for underprivileged people. Please bring these.
3. We will be having a Day of Giving this year on Sunday 20 Oct. It is a day we give over and above our regular giving out of gratitude for God. Please start making practical and spiritual preparation for this...



## ARE YOU CROSS-FIT?

7 July Motivation

14 July Discipline

21 July Salvation Joy

28 July Wellness

Aug Holy Habits

4th Scripture (1)

11th Prayer (2)

18th Fellowship (3)

25th Spirit-led (4)

1Sep Witness (5)

## Birthdays

Sun 25 Chanel Sotiralis  
 Anna van Zyl  
 Mon 26 Abigail Dodgen (14)  
 Wed 28 Susilla (Sushie) Naidu  
 Thu 29 Gareth Tyler  
 Jacqueline Ormond  
 Paul Marivate  
 Victoria Webb (19)  
 Ina Verwey  
 Dene' Blyth  
 Fri 30 Jestina Mungurumi  
 Reder Joubert  
 Sat 31 Nicholas Jones



## Anniversaries

Wed 28 Sisa & William Sibiya (7)



## Weekly Programme

**Tue:** 19h00 Pilcher Group (Hybrid: Grootfontein/Online)  
 Lynne -0832824496  
 19h30 Digging Deeper Online Theo 0825510752  
 19h30 Gouws Group Garsfontein Ben 0766109106

**Wed:** 19h00 Wed Fellowship Online Craig 0834580496  
 20h00 Wed Fellowship Online Brenda 0845427251  
 20h00 Midweek Madness Online Theo 0825510752

**Thu:** 9h00 Thursday Bible Study at Church Theo 0825510752

**Fri:** 9h00 Maranatha Ladies Online Natalie 0824618142

## Contact Info...

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